

Hahngasse 14/1/23 ▪ 1090 Vienna, Austria  
Mobile: +43 650 97 13 743 ▪ E-Mail: [michael.hoelzl@gmail.com](mailto:michael.hoelzl@gmail.com)



“Music expresses that which cannot  
be said and on which it is impossible  
to be silent.”

Victor Hugo

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## Curriculum Vitae

### Personal Dates

Date of birth	13.05.1982
Nationality	AUT
Gender	Male



### Education and Training

2018	Lasertherapy
2013	Dialectical Behavior Therapy Skills Training, 3571 Gars am Kamp
2012 - 2018	Musictherapy at the Neonathology, 3500 Krems / Danube
2009 - 2011	Psychotherapeutic Propaedeutic NLPT-Assosiation, 1090 Vienna
2008 - 2010	HRV/HRF (heart rate frequency) - Biofeedback System based on EKG (all modules up to expert status), Autonom Health, 1190 Vienna

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## **Education**

- |             |   |
|-------------|---|
| 2016 - 2019 | Public Health (Dr.Phil)   |
| 2012 - 2016 | Traditional Chinese Healthcare (MSc),<br>3500 Krems / Danube                                      |
| 2015        | Advanced Acupuncture Course,<br>Beijing <a href="http://www.cbiatc.com">http://www.cbiatc.com</a> |
| 2006 - 2011 | Institute for Ethnomusictherapy,<br>1140 Vienna   |
| 2003 - 2010 | Academic studies of Psychology (no formal degree)   |
| 2001 - 2003 | College for A - level diploma,<br>1050 Vienna   |
| 1997 - 2001 | School for Aeronautic,<br>3425 Langenlebarn   |

## **Fieldwork**

- |             |  |
|-------------|--|
| 2009        | UKH Meidling (7 months)<br><b>Working with patients after long time coma</b>               |
| 2008        | LKH Allentsteig (2 months)<br><b>Musicdiagnostic, neurological stimulation</b>             |
| 2006        | Psychological Institute Baden (6 months)<br><b>Psychological diagnostics with children</b> |
| 2004 - 2006 | Psychological Institute Vienna (2 years)<br><b>Neurological Science</b>                    |

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## **Work Experience**

- 2012 – 2016      Psychiatric Rehabilitation Centre,  
3571 Gars / Kamp  
**Music Therapist**
- 2009 – until present      Privat Praxis, 1160 Vienna  
**Music Therapist,**  
**Supervisor,**  
**DBT-Skills Training,**  
**Trainer for psychosomatic interventions,**  
**Lasertherapy, -medicine and acupuncture**  
**TCM-Interventions and Diagnostic, Taekwondo-Teacher**
- 2009 – until present      Registered Society WOBES, 1010 Vienna  
**Head of therapeutic department,**  
**Music Therapist,**  
**Supervisor,**  
**DBT-Skills Training,**  
**Development of rehabilitation instead of prison for youth**
- 2009 - 2013      Registered Society KoMit, 1170 Vienna  
**Music Therapist**
- 2003 - 2007      Registered Society Together with Tourgether, 8020 Graz  
**Pedagogue and Music Therapist(conflict managemant for schoolclasses)**

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### **Positions and Memberships in Registered Societies**

Musictherapy            Psychosomatic Education Trainer

Registered Society    Head of therapeutic department

WOBES

Registered Society    Representant for the Partition Forensic, which includes  
ÖDBT                    therapeutic interventions, development and science

### **Personal skills and competences**

Music Instruments    Harp, Oud, various percussions

Mother Tongue        German

Foreign Languages    Spanish  
                                  English

Computer Skills        Profound internet user.  
                                  MS-Windows, OSX (Apple)  
                                  MS Office (Word, Power Point)  
                                  Scientific applications (HRV)

Other Skills            Taekwondo Master (and Traditional Korean Medicine),  
                                  Healthy Bodymovement Skills (active and passive),  
                                  (Qi- Gong and others)